

Students surveyed say staying up too late the major cause of receiving tardies

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Schools across the nation have various tardy policies. Here at Hugo High School if a student receives three tardies, they will have to serve a day of detention. So if there's discipline involved, why are students still coming to school late? I stopped some students in the halls and asked what their reasons are.

Waking up too late was the most common answer. Students set their alarm clock for a certain time, but it usually just gets turned off when it sounds. Once the students wake up, it's already too late for them to get ready, eat breakfast and make it to school on time. I asked a few students if their alarm clock isn't working, how do they wake up. Most said that either a parent will yell in their direction or they'll somehow remember to get up.

Some students mentioned the nights before school in which they stayed up too late. Therefore, in the morning, the student is too tired to wake up for school. I asked the students what are some reasons why they stay up so late. Most said they don't really do anything in particular, it just takes them a while to fall asleep. Once students are on a late schedule, every night they will likely be up fairly late.

Whether alarm clocks are ineffective or late nights cause major sleepiness, it is required that students are at school. If students arrive at work late, they won't be given multiple chances like at school. Maybe there should just be an alarm clock invented that throws ice cold water on a person, then no one would ever be late to school.